

Cambodia Discovery

8 Day Discovery Expedition



Camps International is an award-winning social enterprise that balances profits with philanthropy. We operate a permanent network of international volunteer camps in the heart of rural communities and wildlife conservation areas through our wholly owned operations in Latin America, East Africa and South East Asia. Camps are located where poverty levels are high and there are significant environmental and wildlife conservation challenges.

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ETHICAL JOURNEYS. WITHOUT COMPROMISE.



Cambodia Discovery Expedition

Highlights

- Live in a rural community and learn traditional ways of life
- Work on important ongoing projects to improve the standard of living for rural Khmer communities
- Explore ancient temples including the world famous Angkor Wat
- Visit the Killing Fields and learn more about Cambodia's history



Life on Expedition

Students have the opportunity to live in a rural community and learn traditional ways of life, experiencing the warmth and generosity of the people whilst learning about the problems these communities face on a daily basis, the human wildlife conflicts and the efforts to preserve these precious areas. Projects vary from constructing school classrooms and supplying drinking water to terrestrial and marine wildlife conservation, reforestation, environmental education, micro finance initiatives and much more.

Benefits

An expedition to this fascinating country rich with ancient and recent history provides an insight into the daily life of the Cambodian people; witness first hand the issues that confront rural communities and their fragile environments. Established on community land, our camps are built, staffed and supplied by the community. Each camp acts as the hub for a wide range of long-term, sustainable projects, curriculum based activities and adventure activities for people from around the globe. Working alongside the community, visitors have the chance to make a profound and lasting impact on disadvantaged

About Cambodia

The Kingdom of Cambodia is an enchanting country, with spectacular natural beauty, awe-inspiring cultural sites and captivating people. With a history that is both inspiring and moving, Cambodia offers a once in a lifetime experience that casts a spell on you and leaves you wanting to see more. Cambodia is famed for its impressive collection of ancient temples, the most famous of which is Angkor Wat, the world's largest religious monument. Many of the scenes from the movie 'Tomb Raider' were filmed at the spectacular jungle temple of Ta Prohm. However, Cambodia's greatest treasure is its people. Despite their extremely difficult and impoverished living conditions, thanks to an unbreakable spirit and infectious optimism, Cambodians will welcome you with smiling faces. Their incredible generosity and hospitality will leave you with nothing but admiration and affection for the people you meet during your expedition.

Your Expedition

We have the infrastructure, local knowledge and expertise to meet any specific requirements in terms of learning objectives or your team's abilities. We can provide a relevant and beneficial outdoor experiential learning opportunity, which is safe yet challenging, hard work yet enjoyable.

Duration

Camps International provides engaging, real-world experiences that run for 8 days, catering for all ages from 11 years old upwards. We are global leaders in responsible travel and offer fully supported expeditions and curriculum based field trips to Africa, Asia and Latin America.

Adventure options

May include but are not limited to; jungle trekking, jungle skills, cycling tour or ride a zip line through the tree tops.

8 day Cambodia Discovery Itinerary

Day 1: Arrive Phnom Penh (Overnight Phnom Penh Hotel)

Arrive at Phnom Penh International Airport and transfer to the hotel. After check in and freshen up, the team can explore the riverfront area and markets before dinner in a local restaurant.

Day 2: Phnom Penh City Tour (Overnight Phnom Penh Hotel)

Phnom Penh is a vibrant city steeped in history and offers many cultural and historical experiences that include the Royal Palace and National Museum. As part of this tour, the team will visit Toul Sleng, a historical museum commemorating the genocide perpetrated by the Khmer Rouge regime. The site is a former high school that was used as the notorious Security Prison 21 (S-21) by the Khmer Rouge from its rise to power in 1975 to its fall in 1979. During this period, it is estimated that over 17,000 people were imprisoned here. The Killing Fields are a gruesome reminder of the atrocities that took place and provide a highly educational yet emotional experience. Afterwards, for some light relief, there will be a chance to visit local markets for souvenir shopping.

Day 3: Transfer to camp (Overnight Camp Beng Mealea)

It will be approximately a 7 hours drive to Beng Mealea Camp including breaks. On the way, stop off at spider town with the chance to hold tarantulas and enjoy lunch. Upon arrival, the team will be met by camp staff with local refreshments. After settling into the traditional style accommodation, the team will receive a full safety and orientation brief which will include a walking tour of the community and project sites as well as a experiencing a traditional water blessing by a monk . Enjoy a home-cooked dinner in camp before getting a good night's sleep.

Day 4-5: Community Project Work (Overnight Camp Beng Mealea)

The team will spend several days working hard on a range of activities designed to improve the living standards of a rural community who live below the

poverty line and have limited access to medical facilities and education. Our projects in Cambodia include environmental education and reforestation, sanitary and hygiene initiatives, including supplying toilets, improving school infrastructure, permaculture, clean water initiatives, basic housing refurbishment and replacement. The projects will vary depending on the needs of the communities at any given time. There will be opportunities to interact with the local children, by playing sport and traditional games.

Day 6: Transfer to Siem Reap / Cambodian Circus Show (Overnight Siem Reap Hotel)

After a final morning completing community project work, the group will freshen up and enjoy a final camp lunch before transferring to Siem Reap City. After checking in to the hotel, the group will have a buffet dinner at a local restaurant before experiencing the Cambodian Phare Circus Show.

Day 7: Siem Reap Temple Tour (Overnight Siem Reap Hotel) *

This tour enables the team to explore the collect of world famous temples around Siem Reap including the awe-inspiring Angkor Wat, the walled city of Angkor Thom and the overground jungle temple of Ta Prohm - where many scenes in the film 'Lara Croft: Tomb Raider' were filmed.

*** Option: Add Flight of the Gibbon zip-lining activity for an additional AED500**

Day 8: Transfer to airport and depart

Depending on flight times, there could be an opportunity to explore the grounds and beautiful buildings in the Royal Palace complex. It is a short drive of 30 minutes to the airport on the edge of the city for the team's departure flight.

Although it is our intention to operate the itinerary as detailed above, it may be necessary to make some changes as a result of climatic conditions, alterations to flight schedules, or other operational factors.

Overview

Included

- Comprehensive travel insurance
- UK Expedition Leader
- Fully staffed camps and local guides
- Entrance fees for all sights listed in the itinerary
- All transfers listed in the itinerary in private vehicles
- Accommodation
- All meals
- Unlimited drinking water
- Project costs and management
- 24 hours support throughout expedition

Not Included

- International flights
- Visa
- Vaccinations
- Spending money
- Additional food and drinks
- Personal equipment

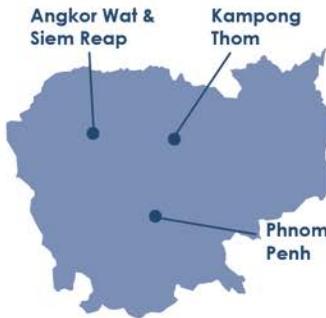
Weather

Cambodia enjoys a hot tropical climate with a fairly uniform temperature throughout the year that averages between 25-35°C. The wet season falls between May and October.



Our Location

Our two main community camps are located about an hour outside the towns of Siem Reap and Kampong Thom. Teams also spend time in both Siem Reap and the capital, Phnom Penh.



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