



# ADVENTURES

BY  
CAMPS INTERNATIONAL

## Mt. Kilimanjaro

### Machame Route - 7 day expedition

This route is a fantastic opportunity to combine mountain skills and experience. It maximises the time and options available for climbing and allows for a more leisurely pace. Kilimanjaro's glaciers and rock formations are resplendent with icefalls, chasms, snowfields and excellent climbing terrain.



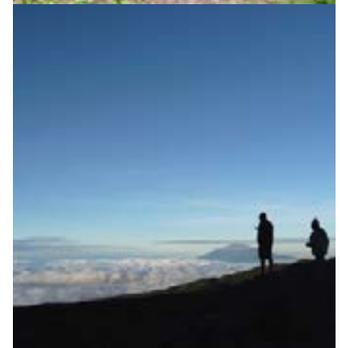
**Discover. Serve. Adventure.**

# Machame Route

Trek to the summit of Africa's famous Kilimanjaro, via the most popular route on the mountain. You will climb the peak over a longer period than most parties, with a total of seven days spent making a rising traverse of the mountain ensuring plenty of time to acclimatise and enjoy the spectacular scenery. The views of the western and southern aspects of Kilimanjaro are superior to those on the northern routes. The trek is suitable for fit walkers, without previous trekking or mountaineering experience.

## About Mt. Kilimanjaro

Kilimanjaro stands 330 kms south of the equator, on the northern boundary of Tanzania. Its location on an open plain close to the Indian Ocean, and its great size and height strongly influence the climate and thus its vegetation, animal life and the climbing conditions. Kilimanjaro is the highest mountain on the African continental. It is composed of three extinct volcanoes: Kibo 5,895m (19,340 ft), Mawenzi 5,149m (16,896 ft.); and Shira 3,962m (13,000 ft.). It is also one of the world's highest free standing mountains, its bulk looming 4,800m above an undulating plain that averages around 1,000m above sea level. Its long axis lies in a north-west to south-west line for 60 kms and at its widest part Kilimanjaro is 40 kms across.



### Included

- Two nights accommodation at hotel
- Arrival and departure transfers to Kilimanjaro Airport (Moshi)
- Camps International Expedition Leader
- National Park fees & Peak permits
- Camping fees & facilities
- Rescue fees
- All meals during the trek
- Transfers to / from the gate
- Guides and porters wages

### Not Included

- International and domestic flights
- Arrival and departure fees (if applicable)
- Insurance
- Vaccinations
- Tourist Visa (typically \$50 US)
- Personal equipment
- Spending money
- Drinks
- Tips
- Personal laundry
- Meals other than those listed

# Itinerary

## **Day 1: Arrive Kilimanjaro Airport & transfer to Keys Hotel (Full Board)**

After landing in Tanzania and being transferred to the hotel, we will have a chance to get used to our new surroundings. After some food and freshen up, a full briefing and welcome will be given.

## **Day 2: Machame Gate to Machame Hut 3,000m (Full Board)**

### **6-7 hours walking**

After breakfast, we drive from the hotel to Machame Gate, where you begin the trek (1830m). We will walk through the lush lower slopes of Mt. Kilimanjaro, slowly gaining altitude whilst enjoying the diverse flora and fauna of the rainforest, before arriving at the first Machame Hut, situated 3,000m above sea level.

## **Day 3: Machame Camp to Shira Camp (Full Board)**

### **3,840m / 4-6 hours walking**

Enjoy breakfast before a shorter day of climbing up a steep ridge to reach a small semicircular cliff known as Picnic site and continue up a gentler ascent through the lower alpine moorland, which is known for beautiful wild alpine flowers. The most spectacular views of Kibo peak can be seen from Shira Camp.

## **Day 4**

### **Shira Camp to Barranco Valley (Full Board)**

#### **3,900m / 5-7 hours walking**

Today we walk on a gentle ascent alongside panoramic views. We traverse the southwest side of Kilimanjaro, passing underneath the Lava Tower and the final section of the Western Breach. After a hot lunch at the bottom of the Lava Tower (4,600m) we descend to the bottom of the Great Barranco valley (3,900m).

## **Day 5**

### **Barranco Camp to Karanga Camp (Full Board)**

#### **4,000m / 4-5 hours walking**

A steep climb up the eastern wall leads us just below the Heim Glacier, where we may have some spectacular views of Kilimanjaro. We then take a steep exit up the Great Barranco Wall, which

divides us from the southeastern slopes of Kibo. The trail continues down into the alpine desert of the Karanga Valley, finally we have a steep climb up to Karanga Camp.

## **Day 6: Karanga Camp to Barafu Camp (Full Board)**

### **4,600m / 3-4 hours walking**

After breakfast, a steep climb out of Karanga, and an easy path on compacted scree with wide views through this empty and dry landscape up to Barafu Camp. The two peaks Kibo and Mawenzi can be seen from Barafu Camp. After a hot lunch at the camp, the remainder of the day is spent resting as we prepare for the final ascent before an early night summit walk.

## **Day 7: Barafu Camp to Summit to Mweka Camp (Full Board)**

### **Camp: 3,100m / 13-15 hours walking**

Wake up before midnight in the cover of darkness. We begin a steep climb over loose volcanic scree has some well-graded zig-zags and a slow but steady pace will take us to rim of the main crater, Stella Point, at 5,735m. We will rest there to enjoy the sunrise over Mawenzi. Those who are feeling strong can continue slowly to make the two hour round trip from here along the crater rim to main peak (5,895m), which is the highest point in Africa. Appreciate your accomplishment before we descend to Barafu. We stop at Barafu Camp for some refreshments before descending to Mweka Camp.

## **Day 8: Mweka Camp to Mweka Gate (Full Board)**

After breakfast, it is a short scenic 3-4 hours hike back to Mweka Gate. All successful climbers receive their summit certificates. Climbers who reached Stella Point are issued with green certificates and those who reached Uhuru Peak receive gold certificates. Drive back to the hotel for a well-deserved hot shower, dinner and comfortable bed.

## **Day 9: Depart**



## Why Us?

- We are a member of the Kilimanjaro Porters Assistance Programme. We treat our porters and local crew in the same way we would treat a team member.
- We spend more time than many teams on the mountain to acclimatise.
- We use a cadre of excellent expedition leaders and local guides.
- High Guide:Client ratio on summit day.
- The best quality mountain tents to ensure comfort even in bad weather,

## Leadership Options

**Local Guides:** All of our mountain treks are led by highly experienced local guides and these are included in the cost of your trip. They will meet you prior to the climb for a briefing and kit check and look after you throughout your time on the mountain ensuring you have a safe and challenging experience.

**Expatriate Leaders:** A Camps International accredited Expedition Leader will accompany you for the duration of the trip. Our leaders hold current mountain first aid certificates and have experience of dealing with altitude related illness. They are well versed with wilderness medicine and emergency care. They will either fly with you or meet you on arrival and remain dedicated to you for the duration of your trip.

## What Now?

If this itinerary is of interest, please make contact with us using the details below and we will be in touch to discuss your requirements shortly.

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