



Southern China - Guilin & Yangshuo

A 7 day expedition, taking students on a rewarding journey to Southern China to experience the many diverse ethnic groups, deep traditions and vibrant cultures of this beautiful area of China.

Discover. Serve. Adventure.

China - Guilin & Yangshuo

Highlights

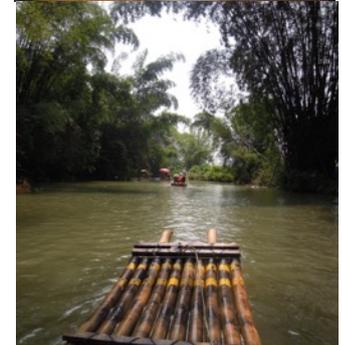
- Work alongside villagers, learning about life in a rural farming community
- Try bamboo-rafting
- Spend a day in a rural school
- Hike through the countryside
- Spend a day rock climbing on a world renowned site
- Walk to the top of Moon Hill, exploring the caves and taking a mud bath
- Cycle along Yulong River on scenic pathways
- Experience Chinese foot massage and cupping

About China

China is the world's second largest country by land area with 9.6 million square km, encompassing a vast and varied landscape, rich with diversity and culture. As one of the earliest civilisations, its history and traditions are everywhere, and with as many as 56 different ethnic minorities, each with its own characteristic customs, the sheer scale of diversity is hard to comprehend. With its huge industrial cities, rural China is often forgotten, but can provide visitors with an extremely rich and rewarding experience.

Weather

Guilin weather is generally mild with four distinctive seasons; a sunny and vigorous spring; rainy and foggy summer; cool and pleasant autumn; breezy and drizzling winter. The weather in January is the coolest with an average temperature of 8°C, while July is the hottest with an average temperature of 28°C. Summer is the rainy season, especially in May and June.



Included

- UK Expedition Leader
- Comprehensive travel insurance
- Project funds and management
- All meals
- Unlimited drinking water
- All accommodation mentioned in the itinerary
- Entrance fees for all sights mentioned in the itinerary
- All transfers mentioned in the program in private vehicles
- Local Expedition Leader
- Tips for Guides
- 24 hour support throughout expedition

Not Included

- International flights
- Tourist visa
- Vaccinations
- Spending money
- Additional drinks
- Personal equipment

Itinerary

Day 1 Arrive Guilin

Arrive at Guilin Airport and transfer by coach to Yangshuo Town (1.5 hours). Check into your accommodation and familiarise yourself with a walk around the local area. Yangshuo is 65 kilometres to the southeast of Guilin and is characterised by crystal clear rivers, limestone crags and lush vegetation. The beautiful natural scenery admired by painters and poets has made Yangshuo famous throughout China and internationally. In the afternoon, try bamboo-rafting along the river before enjoying a welcome dinner banquet.

Day 2 Local school visit

Head to a local school to spend the day interacting with the students. You will watch a welcome ceremony performed by the Chinese students and then be taken on a school tour before offering gifts such as souvenirs that represent your nationality / home. Visiting schools should also prepare an English lesson or sports and games to play. In the evening, watch the incredible "Impression Sanjie Liu" in the world's largest natural theatre with the River Li as the stage.

Day 3 Village Life / cultural interaction

Hike to a local village in order to see everyday life in rural China. Try your hand at local farming and help the community with planting, pruning or harvesting produce such as peanuts, cumquats, pomelo or rice (season dependent). In the afternoon, enjoy a cooking class and make delicious Chinese dishes to have for dinner.

Day 4 Moon Hill Hike

Hike to Moon Hill, before relaxing in the mud baths and hot springs at the back of a 2 km deep cave. Moon Hill is a huge piece of rock with a moon-shaped hole in its centre. The 800 marble stairs called "Appreciating Moon Path" can lead you to the top of the hill to get a close view of the Moon Cave. In the afternoon, cycle on a beautiful path by the side of the Yulong river. Back in Yangshuo try a traditional Chinese cupping or foot massage.

Day 5 Rock Climbing

Go rock climbing on Yangshuo's world famous rock climbing sites. With its tooth-like hills, there are lots of beginner routes to learn basic climbing techniques and rope work. Yangshuo is one of the world's most famous rock climbing sites and whether you are a seasoned master or a complete beginner, Yangshuo is a great place to climb. Make your own take home souvenir by taking part in Chinese Fan painting class.

Day 6 Hiking In Longii

Take a coach transfer (3 hours) out to the amazing Longii rice terraced fields to hike into the villages and learn about the ethnic culture of minority groups living here. Hike to viewing points "seven star and one moon" and "nine dragons and five tigers". Spend the evening in a local guesthouse in the rice paddies enjoying the beautiful night sky over dinner.

Day 7 Departure

Transfer (2 hours) to Guilin Airport for your departure flight.



Why Us?

- We use a cadre of excellent UK expedition leaders
- We have the best in country Guides
- We have a high Guide:Client ratio, which increases safety
- High standard of accommodation, vehicles and ground services

Leadership

A Camps International accredited Expedition Leader will accompany you for the duration of the trip. Our leaders have been chosen not only on the merits of their technical ability or qualifications, but also on their leadership skills and temperament. We will provide a leader who will make the expedition both successful and enjoyable throughout. Their primary objective will be to maximise every participant's chances of completing the expedition, and to manage a team of individuals with a broad spectrum of experience and expectations. Our leaders hold current first aid certificates and have experience of dealing with wilderness medicine and emergency care.

What Now?

If this itinerary is of interest, please make contact with us using the details below and we will be in touch to discuss your requirements shortly.

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